



## Blue Lotus Mehndi Aftercare Sheet

Thanks for choosing [Blue Lotus Mehndi](#)! Follow these simple instructions to get the best stain result possible:

1. Allow the paste to dry naturally. Stay as warm as possible without sweating the paste off. Depending on the temperature and humidity, it should take 30 to 60 minutes to dry, but leave it on as long as you can stand it.
2. Gently peel or scrape the dry paste off. *Do not wash it off!*
3. Scrape the paste off over a trash can, sink, tub or toilet. Dry paste flakes that get wet again can stain carpet, clothing, *etc.*
4. The stain will be orange at first. During the next 24 to 72 hours, it will darken down to a color on the red/brown spectrum. The final color may vary greatly from person to person. Hands and feet will stain darker than arms or legs, which stain darker than tummies and backs.
5. Lightly coat your design with vegetable oil or cream (olive oil, cocoa butter, coconut oil, *etc.*) before bathing/showering or swimming to help prolong the design.

Be sure to AVOID:

- Chlorinated water (pools, hot tubs, Jacuzzis)
- Scrubs and loofahs
- Skin-lightening products
- Harsh chemicals (cleaning products, bleach)

Note: Palm stains will last longer if you wear medical gloves while bathing/washing hair.

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In rare cases, you may be sensitive to one of the ingredients in henna paste. A bit of mild tingling is normal, but if you experience a burning sensation, itchiness, redness, or any other sign of an allergic reaction, wash the paste off **immediately** with soap and warm water. This should provide immediate relief.

If symptoms persist, please consult a health care professional.

Please note that Blue Lotus Mehndi henna paste **NEVER** contains PPD — para-phenylenediamine — an ingredient used in fake “black henna.” PPD is VERY dangerous to use on human skin even though it is a common ingredient in commercial hair dye. Click [here](#) for more information about this chemical.